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The brochure is the result of the work of participants in the international youth exchange “Close to nature, close to each other” implemented as part of the Erasmus + program.

As part of the project “Close to nature, close to each other”, which lasted from 27.05-01.06.2024, young people from Lithuania, Slovakia, Estonia and Poland increased their knowledge of ecology, healthy lifestyle, and photography. As part of the project, we visited the social garden in Wrocław “Czasoprzestrzeń”, where we were delighted with the idea of creating social gardens by residents, organizations and cities. We encourage you to establish social gardens in your local community!







Green Future – Join the Community Garden!

Community gardens are not only a place to grow plants, but also an important element of social life, education and ecology. Creating such spaces can bring many benefits and have a positive impact on the local community. We encourage you to act!

Project co-financed by the European Union.

If you would like to join us and help us set up a community garden, please contact our organizations!

-  **CKiW OHP w OLEŚNICY**
-  **ASOCIACIJA TAVO EUROPA**
-  **ADEL Slovakia**
-  **MITTETULUNDUSUHING NOORED
UHISKONNA HEAKS**



The role of community gardens

✓ EXPANDING GREEN SPACE IN CITIES

Residents of housing estates gain places where they can catch their breath, calm down, get closer to nature and relax surrounded by greenery. They are a great zone for recreation and spending free time.

✓ A PLACE FOR THE INTEGRATION OF THE LOCAL COMMUNITY

Taking care of a garden together helps to deepen relationships between neighbours. It builds a sense of community and encourages more frequent social contacts. Work in a city garden often becomes a pretext for conversations or meetings – also on private grounds.

✓ SHAPING A PROACTIVE ATTITUDE

It teaches cooperation to achieve a common goal, builds responsibility for the immediate area, strongly ties with the place of residence and other members of the community, gives a sense of being needed. It makes people more interested in their surroundings and involved in community matters.



✓ A PLACE TO ORGANIZE MEETINGS AND ACTIVITIES OF THE LOCAL COMMUNITY

Community garden Time-space in Wrocław - get inspired!

Volunteers have been involved in the project of creating a community garden from the very beginning. This initiative was created in 2018, when volunteers who were staying in Czasomiejscie as part of the European Erasmus+ project began work behind the halls. They wanted to implement a certain idea in a new space, which is successfully implemented in their home countries. With the help of volunteers, flower beds were created from tires, wooden crates, and a greenhouse from old windows. Almost every day someone works in our garden. It is under the care of a biologist, who advises and ensures that the appropriate biodiversity is maintained as part of these activities.

Meetings for people who want to join the creation of the garden are organized regularly. Volunteers grow vegetables: peas, beans, carrots, beets, tomatoes and peppers. They also take care of the flowers and flower beds.



WE INVITE YOU TO FREE LESSONS ON URBAN PERMACULTURE!

WHERE TO FIND US??
Academic Culture Center
and Local Initiatives
SPACETIME
1-3 Tramwajowa Street
51-621 Wrocław
Poland
Former tram depot area Dąbie



How to start a community garden?

The creation of community gardens is a relatively new initiative that is quickly gaining popularity. Community gardens are a form of publicly accessible urban greenery, which is jointly cared for by members of a given community. They operate on the principles of social trust.

- ★ Community gardens are created on the initiative of informal groups (neighbourhoods), formal groups (housing cooperatives), institutions (e.g. senior clubs, community centres, museums) or non-governmental organisations.
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- ★ Look for a place where you would like to set up a community garden. Gardens are usually created on urban land – often on wasteland, degraded, neglected and undeveloped areas.

